



MENU



> STARTERS

- VELVET** VEGETABLE + EVO ...55ec
Soft and warm like a caress from the farmer's basket
- CROQUETTES** POTATOES + EVO + PANKO + CRESS ...55ec
And yes, the French ones are the best
- CHINESE IN NAPLES** TOFU + CHERRY TOMATOES + RUM MELASSA ...55ec
It was born as a joke but in the end here it is the caprese for vegans
- BEEF CARPACCIO** BEEF + GRANA + EVO + CITRUS + ROCKET ...60ec
The true classic without breaking the rules
- CRUDO** RAW FISH + EVO + CITRUS + APPLE SIDER VINAGER + DATES + BULGUR ...60ec
The best catch of the day, simply selected and marinated...
.. you don't need anything else when it's so fresh
- FISH SOUP** WHITEFISH + MUSSELS + SHRIMP + BISQUELOBSTER ...60ec
Whether it's Spanish, French, Italian, Turkish, Moroccan ..
..it makes no difference when you want a soup to start

> MAIN

- CIPRIANI LOVE LOBSTER** PASTA + TOMATO + LOBSTER ..155ec
Our Caribbean lobsters marry Dr. Cipriani ..
..fresh tomatoes and emulsified crustacean bisque wrap this special pasta
- RISOTTO** RICE + ASK FOR THE INSPIRATION OF THE DAY ...100ec
When the chef says make way that the wave arrives .. it will be special
different every day
- PLUMA IBERICA** PORK + APRICOT JAM + SQUASH + MOSTARD ...105ec
The favorite of the King of Spain
- AGED TENDERLOIN** BEEF + CRISPY POLENTA + PICKELS ...150ec
The best cut for the most demanding palates
- OTTOMAN KOFTE** LAMB + TOMATOES + CUMIN + YOGURT + MINT ...120ec
The lamb haaaa !!
Delicious and juicy lamb meatballs a fresh "Cacik" the perfect contrast
- CARIBBEAN SEA** CATCH OF THE DAY + COCONAT MILK + CORIANDER ...90ec
Fillet of the catch of the day selected and cooked in two stages ..
grilled and then steamed .. crispy outside and soft moist inside in
a sea of turmarek coconut milk

> SIDE

- CARROTS** POTATOES + MARGARIAN +EVO + TYME+ SAGE ...45ec
Crazy, 3 carrots in 3 different textures .. be amazed
- ROSE** TOO SECRET ...55ec
Have you ever eaten one?
- CYCLADIES CUMPIR** POTATOES + CUS CUS + FETA ...55ec
Greece the most rich and ancient of history in the Mediterranean,
enclosed in this recipe that tastes of home
- TASMANIA** WHITE ASPARAGUS + VEGAN MAYO + DRYTOMATOES CHUTNEY ...75ec
When the wind carries Tasmanian precious black peppers
to Mesopotamia, that's where the origins of asparagus come from
- ITALIAN CHEESE BOARD** PICKLES + HONEY + CHUTNEY + MELASSA ...75ec
The French always say a meal without cheese is like a woman
without heels.
- FARM** ROASTED VEGETABLE + EVO ...45ec
Nothing is safer than our farm for your grilled vegetable tower.

> DESSERT

- PORTUGUESE PEAR** ...40ec
The favorite of King Charles of Savoy
- BAVARESE** ...40ec
It was the favorite dessert of the Austro-Hungarian emperor.
- CANNOLO SICILIANO** .40ec
After the Arab domination in Sicily, the philosopher Cicero tells of these sweets made by beautiful women.

LUNCH, BEACH & POOL

>CHEKATTI...40EC/EACH

Chekatti (in Italian Cicchetti) is a centuries old Venetian word for small plates. Similar in some ways to Spanish tapas, but the portions are larger - you know the Italians! We have created a selection of Chekatti that are savoured at the most famous Bacari (wine bars) of Venice .

1 PARMIGIANA EGGPLANT + TOMATO SAUCE + MOZZARELLA
Traditional with no compromise

2 CROQUETTES POTATOES + EVO + PANKO + CRESS
And yes, the French ones are the best

3 BRUSKETTA VEG CRISPY BREAD + FETA CHEESE + WHITE FIGS
For vegetarians

4 BRUSKETTA HAM
For ham lovers

5 CRUDO RAW FISH + EVO + CITRUS + APPLE SIDER VINAGER
+ DATES + BULGUR
The best catch of the day, simply selected and marinated...
.. you don't need anything else when it's so fresh

6 MUSSELS SAUTE MUSSELS
Whether it's Spanish, French, Italian, Turkish, Moroccan ..
..it makes no difference when you want a soup to start

7 BOMBETTE DEEP FRIED PIZZA + TOMATO SAUCE
Delicious Italian street food

8 BUFFALO MOZZARELLA
Naked as it is; made only two drops of extra virgin olive oil

9 OLIVE MEDLEY
Italy and Greece rivals in this mix

10 GNOCCHI AMATRICIANA HOME MADE GNOCCHI + PANCETTA + TOMATO SAUCE
Never without a bib

11 RISOTTO TRUFFLE RICE + TRUFFLE + CHEESE
Pair it with a good glass of red

12 GNOCCHI NORMA HOME MADE GNOCCHI + EGGPLANT + TOMATO SAUCE + CHEESE
From Sicily the italian island in the Mediterranean sea

13 POLPETTA BEEF BOWLS DEEP FRIED
One is never enough!

14 POLENTA POLENTA DEEP FRIED + TOMATO SAUCE
Childhood memories

15 DEEP FRIED MOZZARELLA
The queen of the Italian street food

16 ARTICHOKE
The favorite flower of zeus and later by the Etruscans

17 ANCHOVES MARINATED
Soft taste of the mediterranean Sea



WINE LIST



> WHITE

1. KIM CRAWFORD SAUVIGNON BLANC
..... - NEW ZELAND -150ec
2. BELGUARDO VERMENTINO DI TOSCANA IGT
..... - ITALY -140ec
3. PLANETA CHARDONNAY SICILY
..... - ITALY -220ec
4. PLANETA ETNA BIANCO SICILY
..... - ITALY -180ec
5. BATASIOLO GAVI DI GAVI
..... - ITALY -130ec
6. ALLEGRINI CORTE GIARA PINOT GRIGIO
..... - ITALY -120ec
7. SAUVIGNON BLANC "F" DE FOURNIER
..... - FRANCE -130ec
8. CHABLIS CHARTON ET TREBUCHET
..... - FRANCE -175ec
9. MAISON PIERRE REISLING
..... - FRANCE -120ec
10. SANCERRE AOC LES BELLES FOURNIER
..... - FRANCE -190ec
11. ALTADO VERDEJO ALMANSIA
..... - SPAIN -110ec
12. SIMI CHARDONNAY ALEXANDER VALLEY
..... - USA -175ec
13. CAYMUS CONUNDRUM WHITE BLEND
..... - USA -c.....180ec

> RED

1. ZISOLA NOTO 2018
..... - ITALY -160ec
2. PHILIP TOSCANA IGT CABERNET 2017
..... - ITALY -300ec
3. FARNESE EDIZIONE 2016 SAN-MONT+PRIM+MALVB
..... - ITALY -235ec
4. ZOLLA PRIMITIVO DI MANDURIA 2017
..... - ITALY -115ec
5. MASI CAMPOFIORIN RIPASSO 2016 MOL+ROND+CORV
..... - ITALY -140ec
6. MASI COSTASERA AMARONE 2013 / 2015
..... - ITALY -470ec/600ec
7. PENFOLDS BIN 389 CABERNET+SHIRAZ 2018
97 points Decanter
..... - AUSTRALIA -800ec
8. PENFOLDS KOOUNGA HILL SHIRAZ 2018
95 points Huon Hooke
..... - AUSTRALIA -390ec
9. CHATEAU COTES DU RHONE 2017/2018
..... - FRANCE -160ec
10. TOMAS CUSINE - EL LLEBRE - 2015
..... - SPAIN -130ec
11. FANTINEL SANT REFOSCO 2011 REF
..... - ITALY -130ec
12. BATASIOLO BARBERA D'ALBA DOC 2013-2017
..... - ITALY -120ec/160ec
13. BATASIOLO BAROLO DOCG 2009
..... - ITA -250ec

> ROSE'

- # CHATEAU DE BERNE - LA GRANDE CUVEÉ ROSÉ
..... - FRANCE -180ec
- # DOM ROYAL DE JARRAS GRIS
..... - FRANCE -145ec
- # CHATEAU PEYRASSOL COTES DE PROVENCE ROSE
..... - FRANCE -180ec

> BUBBLE

- # INDEPENDENT PROSECCO
..... - ITALY -150ec
- # ONE AND ONLY ROSE PROSECCO
..... - ITALY -150ec
- # CATTIER CHAMPAGNE
..... - FRANCE -350ec
- # BILLECART SALMON BRUT RESERVE
..... - FRANCE -450ec
- # DEUTZ BRUT CLASSIC
..... - FRANCE -400ec

BAR/SPIRITS



> MIXOLOGIES/30ec

- 1. CARMEN/**
Mezcal, Triple Sec, lime, mango, pink salt, paprika
- 2. SPRITZ/**
Aperol, white wine, prosecco
- 3. MOSCOW MULE/**
Vodka, lime, sugar syrup, ginger beer
- 4. SIDECAR/**
Cognac, Cointreau, lemon juice
- 5. BUTTERFLY/**
Botanist Gin, raspberry liquor, lemon juice, champagne
- 6. PALMAS/**
Tequila, roasted pineapple, lime juice, ginger ale
- 7. BENTLEY/**
Fresh cucumber, Hendricks gin, lime juice, champagne
- 8. PORNSTAR MARTINI/**
Vanilla vodka, passionfruit, pineapple, lemon juice, champagne
- 9. MARTINI COCKTAIL/**
James Bond way..shaken not stirred !

> MOCKTAILS/30ec

- 10. TAMARIND HILLS/**
Blueberry, lemon juice, coconut water
- 11. RED ZONE/**
Watermelon cubes, cucumber, sweet and sour, Ting
- 12. WADADLI/**
Mango juice, lemon juice, cherries

> BEERS/20ec

- # CARIB
- # CARIB BLU
- # WADADLI
- # RED STRIPE
- # GUINNESS
- # HEINEKEN
- # CORONA
- # CORSA LIGHT

> SOFT

- # JUICES15ec
- # SODA15ec
- # WATER STILL/SPARKLING30ec

> BUBBLES

- # INDEPENDENT PROSECCO - ITA -150ec
- # ONE & ONLY ROSE PROSECCO - ITA -150ec
- # CATTIER CHAMPAGNE - FRA -350ec
- # BILLECART SALMON BRUT RES - FRA -450ec
- # DEUTZ - FRA -400ec

By the glass from our wine cellar

> WHITE

- # PLANETA LA SEGRETA - ITA -
- # MUD HOUSE SAUVIGNON BLANC - NZ -

> RED

- # MONTEPULCIANO D'ABRUZZO - ITA -
- # LANGUEDOC MONTAGNAC SYRAH- FRA -

> ROSE'

- # CALENTA MERLOT ROSATO< - ITA -
- # CHATEAU BERNE INSPIRATION- FRA -

> BUBBLES

- # INDEPENDENT PROSECCO - ITA -
- # ONE & ONLY ROSE PROSECCO - ITA -

> RUM

- # MOUNT GAY BLACK BARREL30ec
- # MOUNT GAY XO RESERVE CASK40ec
- # ZACAPA45ec
- # MEYER'S30ec
- # ANGOSTURA 530ec
- # ANGOSTURA 735ec
- # ENGLISH HARBOUR 530ec
- # ENGLISH HARBOUR 1035ec
- # ENGLISH CASK CHERRY35ec
- # ENGLISH CASK OAK35ec
- # EL DORADO 1240ec
- # CAPTAIN MORGAN BLACK35ec
- # DON PAPA40ec
- # PYRAT35ec
- # DIPLOMATICO RESERVA40ec
- # DIPLOMATICO MANTUANO35ec
- # BARBANCOURT HAITI 4/8/16 STAR ..35/40/55ec
- # GOUVERNEUR50ec

> TEQUILA

- # CENOTE REPOSADO40ec
- # TEREMANA W40ec
- # TEREMANA REPOSADO40ec
- # CUERVO GOLD30ec
- # MEZCAL DE AGAVE40ec

> VODKA

- # TITO'S30ec
- # ABSOLUT BLU30ec
- # ABSOLUT VANILLA30ec
- # STOLICHNAYA30ec
- # BELVEDERE35ec
- # GREY GOOSE35ec

> GIN

- # TANQUERAY25ec
- # HENDRICKS30ec
- # BOMBAY SAPPHIRE25ec
- # BOTANIST30ec
- # SAIGON BAIGUR40ec

> WHISKEY

- # JACK DANIELS30ec
- # JIM BEAM30ec
- # JAMESON30ec
- # JOHNNIE WALKER RED30ec
- # JOHNNIE WALKER BLACK35ec
- # JOHNNIE WALKER SILVER50ec
- # JOHNNIE WALKER PLATINUM60ec
- # DEWAR'S40ec
- # SUNTORY HAKUSHU65ec
- # DIMPLE 1540ec
- # LAPHROAIG 1040ec
- # CANADIAN VO30ec
- # DRAMBUIE30ec
- # MONKEY SHOULDER55ec
- # MACALLAN 1255ec
- # MACALLAN 1580ec
- # MACALLAN 18140ec

> COGNAC/BRANDY/PORT

- # HENNESSY COGNAC VSOP40ec
- # ROYAL OPorto 199845ec
- # FERREIRA'S PORTO TAWNY45ec
- # TAWNY PORT 10Y55ec

> DIGESTIFS/GRAPPA/AMARO

- # BATASIOLO GRAPPA MOSCATO30ec
- # BATASIOLO GRAPPA BAROLO30ec
- # AMARO RAMAZZOTTI30ec
- # BRANCAMENTA30ec
- # METAXA30ec

> CAFFETTERIA

1. ESPRESSO15ec
2. CAPPUCCINO25ec
3. AMERICANO16ec
4. LATTE16ec
5. SELECTED TEA16ec

LUNCH 11.30AM-2PM



POKE PONZU / SALMON 三文魚 60ec.
RICE + FRESH SALMON + AVOCADO + RED CAVIAR + GREEN ONION + LEEK + BLACK SEEDS + DRESSING

POKE/GOMA TUNA 金槍魚 60ec
RICE + FRESH YELLOW TUNA + AVOCADO + WAKAME + BLACK SEEDS + DRESSING + ALMONDS

POKE/CATCH OF THE DAY 當天的魚 60ec
RICE + DAILY FRESH FISH CATCH + SCOTCH BONNET + LIME + BLACK SUGAR + PINEAPPLE + DRESSING + SUNFLOWER SEEDS

POKE/VEGAN TOFU 豆腐 60ec 
RICE + MARINATED AND SEARED TOFU + CUCUMBER + WAKAME + CRISPY LOCAL 5 LEAVES + SCOTCH BONNET + LIME + DRESSING + SEEDS

MONGOLIAN PORK 蒙古豬肉 60ec
RICE + PORK + CUCUMBER + LEEK + BELL PEPPER + DRESSING + SEEDS

KUNG PAO CHICKEN 宮保雞丁 60ec
RICE + FRIED MARINATED CHICKEN + GREEN ONIONS + SWEET CHILLI SAUCE + NUTS

RAMEN/拉麵 60ec 
TOFU + MUSHROOMS + EGG + NOODLES + GREEN ONION + FRIED ONION + MISO + TERIYAKI SAUCE + BLACK SEEDS. OPTIONS:CHICKEN

SPRING ROLLS/春卷 VEGAN 35ec 

EDAMAME/えだまめ 30ec 

GELATERIA CORNER IN THE TAMARIND SQUARE

#ITALIAN PANINI...40
#GELATO...35
#DESSERTS...40

The perfect match as Forbes says,
the best Caribbean drinks:

- 1.ST.LUCIA / RUM PUNCH25ec
- 2.BLUE CURACAO / BLUE LAGOON25ec
- 3.GRENADA / CALABASH25ec
- 4.BAHAMAS / BAHAMA MAMA25ec
- 5.CUBA / CUBA LIBRE25ec
- 6.BELIZE / ESPANTOWAVE25ec
- 7.VIRGIN ISLAND / PAIN KILLER25ec
- 8.BARBADOS / RUM PUNCH25ec
- 9.ANTIGUA / CIPRIANI BELLINI25ec
- # FREE STYLE FROZEN25ec
- # SPIRITS SELECTIONUR...

BEERS

- # CARIB THE NEW BLU15ec
- # WADADLI15ec
- # RED STRIPE15ec
- # GUINNESS15ec
- # HEINEKEN15ec
- # CORONA15ec
- # CORSA LIGHT15ec

Or the perfect match with
some Italian or French bubbles

- # INDEPENDENT PROSECCO - ITA -150ec
- # ONE & ONLY ROSE PROSECCO - ITA -150ec
- # CATTIER CHAMPAGNE - FRA -320ec
- # BILLECART SALMON BRUT RES - FRA -450ec
- # DEUTZ - FRA -350ec

By the glass from our wine cellar

WHITE

- # PLANETA LA SEGRETA - ITA -25ec
- # MUD HOUSE SAUVIGNON BLANC - NZ -25ec
- # CHENIN CONSTANTIA BERG -AFRICA-25ec

RED

- # MONTEPULCIANO D'ABRUZZO - ITA -25ec
- # WOODBRIDGE PINOT NOIR - USA -25ec
- # LANGUEDOC MONTAGNAC SYRAH- FRA -25ec

ROSE'

- # CALENTA MERLOT ROSATO< - ITA -25ec
- # CHATEAU BERNE INSPIRATION- FRA -25ec

BUBBLES

- # INDEPENDENT PROSECCO - ITA -30ec
- # ONE & ONLY ROSE PROSECCO - ITA -30ec

#SUNSET SNACKS BOWLS20ec

POKE BAR AT THE CLUBHOUSE

Welcome to the Clubhouse at Tamarind Hills.
Your private terrace overlooking the Caribbean Sea.
Here you will experience the recipes with hawaiian influence.

The Poke Bar staff will take care
of you from the breakfast until sunset.

BREAKFAST 8AM-11AM

#THE CLASSIC ENGLISH ONE 60ec

EGGS + BACON + SAUSAGE + BAKED BEANS + TOASTED BREAD + BUTTER
+ COFFEE or TEA + JUICE

#ITALIAN 48ec

SLICE OF HOMEMADE CAKE CIAMBELLONE + MARMALADE + CAPPUCCINO

#QUICK 48ec

TOASTED BREAD + BUTTER + MARMALADE + ESPRESSO

#HEALTHY 55ec

A SELECTION OF CUT FRESH LOCAL FRUIT FROM THE MARKET + TEA SELECTION
// AVAILABLE FOR LUNCH TOO

#KETO 60ec

HOME MADE MUESLI + BLUEBERRY + DIURETIC WATER
// AVAILABLE FOR LUNCH TOO

#TAMARIND 60ec

BAGEL + SMOKED SALMON + AVOCADO + FRESH LOCAL FETA + CUCUMBER + TAMARIND CHUTNEY
+ PINEAPPLE JUICE
OPTIONS: CHICKEN or BACON or VEGETARIAN
// AVAILABLE FOR LUNCH TOO

CAFFETERIA

1. ESPRESSO15ec
2. CAPPUCCINO25ec
3. AMERICANO16ec
4. HOT CHOCOLATE16ec
5. LATTE16ec
6. TEA SELECTED16ec

JUICE

1. JUICE15ec
2. SODA15ec
3. WATER LARGE30ec
4. WATER SMALL20ec

